

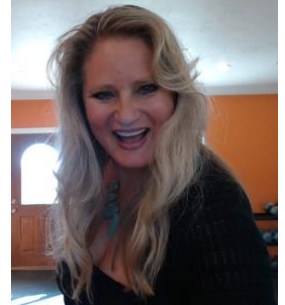
# RHONDA LIEBIG

Author & Health Coach

## “Developing Your Healthy Success Mindset: Stop Being Your Own Saboteur!”

SPECIAL GUEST: Rhonda Liebig Energy ReVitalize Coach, Speaker, Author & Podcaster

As a health coach, Rhonda will guide your group in connecting to their strongest tool, A Healthy Success Mindset using her “Top 10 Sabotage List” that she has developed throughout her 15 years in the health industry. A negative mindset can destroy every positive intention in business, relationships and personal health, getting the same bad results over and over again.



In this talk you will learn strategies to no longer say you are not worthy... and much more.

- Stop the feelings of **something holding you back** by bringing your mind into alignment of what you want and deserve!
- Stop the anxiety in believing **that everything has to be 100% or you failed** your goal and instead learning how to celebrate you!
- Finally be seen and realize **that you are not alone** in your emotional daily struggles.
- Identify what you are **secretly saying to yourself and discover why it is just pure “hog wash”** or not true in who you really are!
- Learn how you can **unburdening yourself of feeling that you’re living a compromised life** and get into action forward exercises?

The wrong mindset will steal your energy lifeline. Spend time with Rhonda and bring awareness to thought patterns so that you:

- Double your energy!
- Feel vibrant and awake!
- Increase productivity!
- Bring a flow of mind clarity!

### What people are saying:

“After spending time with Rhonda now I know why I am anxious between 5 and 7!” Beverly Liebig

“After working with Rhonda I have less sabotage moments now that I am aware!” Samantha Persson

Hear your energy ROAR © in 2017!

## FEATURED

